



The Newsletter of the Northern Virginia Sail and Power Squadron



# of TARS & TERNS



Volume LI Number 5

[www.nvsps.org](http://www.nvsps.org)

[www.BeyondBoating.org](http://www.BeyondBoating.org)

[www.uspsd5.org](http://www.uspsd5.org)

June 2018



Join the USPS  
District 5  
Summer Cruise  
July 14-23

Visit Baltimore,  
Chestertown,  
Bear, Cape May,  
Delaware City  
[www.uspsd5.org](http://www.uspsd5.org)



Commander Charles Hurley, JN, presented Past Commander Frederick Zugay, JN, with his Past Commander Flag at The Spring Picnic and Membership meeting May 19 held at the Fairfax Yacht Club , Mason Neck, Virginia

Membership Meeting Evenings: Social and Refreshments 1900-1930, Meeting and presentation 1930

### May

- 23 Executive Committee Meeting, 1930-2100
- 29 Massage Therapy Class, 1800 page 5

### June

- 13 General Membership Meeting, 1930-2100
- 16 Man Overboard Seminar, West Marine Alexandria 9:30 am
- 27 Executive Committee Meeting, 1930-2100

### July

- 11 General Membership Meeting, 1930-2100
- 25 Executive Committee Meeting, 1930-2100
- August Break for Boating

### September

- 12 General Membership Meeting, 1930-2100
- 26 Executive Committee Meeting, 1930-2100

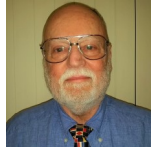
More: <http://www.nvsps.org/docs/calendar.pdf>  
Meetings location Information page 2



## Bridge Officers

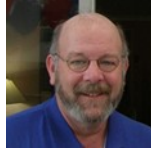
### COMMANDER

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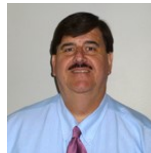
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**Scheduled Meetings:** Unless otherwise noted, the General Membership Meetings will be held at the BoatUS™ HQ facility at 1930 on the **second Wed of each month** *except for the months of Aug. and Dec., and the May and Oct mtgs will be combined with other events. Social Time 1900-1930.* Any changes will be posted in this newsletter or on the Squadron website.

**BoatUS Headquarters meeting location:**  
**880 South Pickett Street, Alexandria VA 22304**

From Capital Beltway, take the VA-613/ Van Dorn St exit # 173, towards Franconia. Turn left onto S. Van Dorn St / VA-613 North. Turn left onto S. Pickett St. Go less than .5 miles and turn in at first the BoatUS™ sign and go to the lighted parking lot in rear. Proceed to the entrance. Press buzzer on right to request entry.

Starting October 2018, our squadron will start meeting at a new location. Suggestions wanted. See page 3.

**Like us on Facebook**  
**so you get reminders about our**  
**meetings, events, newsletter**  
**posting**

Find us on 

## Of Tars & Terns

The official publication of the  
**Northern Virginia Sail and Power Squadron**

[www.nvsp.org](http://www.nvsp.org)

**Articles, opinions and advertisements do not necessarily reflect USPS®  
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Of Tars & Terns is published ten months of the year and mailed to all NVSPS members. July/August and January/February issues are combined. All Of Tars & Terns newsletters are published online at NVSPS.org in color. Submission deadlines are the 15th of the month prior to the issue month (in first issue month in combined issues) until further notice.

**Volume LI; Number 5: June 2018**

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**Attention Ship's Store Shoppers!**

Our online Ship's Store at <http://nvsp.sqbstores.com> offers shirts, jackets, totebags, and hats with our 50th anniversary burgee logo. Watch for special sales. Nametags can be ordered from <https://cpdean.com> or by calling 804-355-6588. Burgees can be ordered from P/C Gale Alls, [galeandev@aol.com](mailto:galeandev@aol.com).



**BoatUS is moving only a few miles away this fall, but will not be able to accommodate outside group meetings.**

**The Squadron thanks BoatUS for many years of hosting our meetings and classes.**

**New Squadron Meeting Location Ideas Wanted  
for Meetings Starting October 2018**

**Contact the Commander**

**For monthly membership meetings (up to 40 ppl)  
on 2nd Wed of month**

**and executive committee meetings (up to 10 ppl)**

**On 4th Wed of month**

**They can be different places. Is there a possible meeting place near you?**

Open Positions:

Administrative Officer—contact the Commander

Assistant Newsletter Editor—contact the Editor

Event Photographer—contact the Editor

## ***Spring Fling Report***

Springtime showers could not dampen the spirits of 20 members who attended the squadron Spring Fling picnic on Saturday, May 19 at Fairfax Yacht Club. Sue Karjala's table decorations set the stage for an enjoyable afternoon among friends.

The pot luck feast more than made up for the gray skies overhead. We enjoyed pulled-pork BBQ, fried chicken, ham rolls, shrimp, salads, cookies, brownies and more, topped off by peach ice cream made and served by Keith and Kathie Clark.

Gale Alls and Dave Hinkins promoted the squadron mission by performing three vessel safety checks for yacht club members. Cdr Chuck Hurley, JN presented a past commander's flag to Jr. P/C Frederick Zugay, JN.

Everyone pitched in to clean up and leave the club house shipshape.

### ***A First Class Newsletter and a Way To Save Squadron Money***

Go to this site to read online: <http://www.nvpsps.org/docs/ottcurr.pdf> . You can read it there in color, download or print it.

The next issue, July/August will be combined as usual. The deadline is July 15 for contributions to [Editor@nvpsps.org](mailto:Editor@nvpsps.org)

Since our membership is smaller than it used to be, we will be mailing the paper newsletter first class instead of bulk mail, saving over \$100 per issue and more of us will receive it sooner. All members will still receive emails announcing the newsletter posting. If you would like to opt out of the paper mailing to help us save more, send the Webmaster an email at [LakematesW@comcast.net](mailto:LakematesW@comcast.net). Questions welcome.

### ***Seeking Field Trip Ideas***

In recent years NVSPS members have made field trips to several educational and entertaining sites: Coast Guard station, sail loft, David Taylor Model Basin, research ship Rachel Carson, observatory and more.

P/C Gale Alls and P/C Dick Durgin are always on the lookout for new places to visit. If you have any good suggestions, please call Gale at 703-569-1511 or Dick at 703-560-9106.

### ***Save the Date***

The Squadron 2018 Holiday Party will be held at the Springfield Golf and Country Club, Springfield, Virginia on January 5, 2019 at 1800. More information to come later in the year. Save up your boating stories now.



## Message from the Educational Officer

The following seminar will be presented on Saturday morning 9:30 am at Alexandria's West Marine store.

### - 16 June 2018 Man Overboard

Short, focused seminars are a hit with boaters and sailors managing a busy schedule. If you have interest in teaching a seminar on any the following topics please let me know:

- Using GPS
- Anchoring
- Knots, Bends and Hitches
- Paddling
- Marine Radar
- Weather

See you on the water!

Lt/C Dean Markussen, AP, MMarkusen2@comcast.net

Thanks to West Marine Alexandria [www.WestMarine.com](http://www.WestMarine.com)

### ***Stressed because of all the rain? Can't work on your boat?***

*Learn about the benefits of massage and how to reduce stress and muscle tension with a head/neck and shoulder massage!*

*May 29, 2018*

Maria Mercedes Olivieri will offer a class/demonstration on basic massage techniques where participants learn ways to help reduce pain from accumulated muscle tension and stress in the back, neck and shoulders. The massage routine is taught with the participants fully clothed and comfortably seated and resting their heads on their arms on a table. No kneeling or bending is required.



The class is designed especially for mature adults who want to share massage with a spouse, child, friend, or neighbor.

Mercedes is a Virginia-Certified Massage Therapist with over a decade of experience in private practice. She has been an Adjunct Faculty member at the Northern Virginia Community College (NVCC) Massage Therapy Certificate Program. The class/demo will take place at BoatUS HQ on **Tuesday, May 29<sup>th</sup> at 6:00 pm for 45 minutes**. Please let me know if you plan to attend at [mamerolivieri@aol.com](mailto:mamerolivieri@aol.com). Thanks—and see you then!

—Maria Mercedes Olivieri, CMT, CD(DONA)

Location: BoatUS HQ, 880 S. Pickett St, Alexandria, VA 22304. Directions and entry info on page 2.

#### July

Edward Jones, JN	3
Michael O'Dell, P	11
Lt/C Dave Hinkins, S	14
Douglas E Layne, AP	24





NVSPS—June 2018 Newsletter  
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**Dated Material**



**of Tars & Terns**



June and July Meetings -- 2nd Wed. 7:30pm, Social Time and refreshments 7:00—7:30pm

*June 16—Man Overboard*

*West Marine Alexandria Seminars—9:30 am*

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**Northern Virginia Sail & Power Squadron**



