



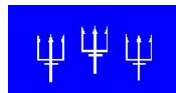
# of TARS & TERNS



Volume XLV Number 7

July - August 2010

## **"Mark" Your Calendar NVSPS Meetings and Events**



## **Commander Sends . . .** Cdr George Nartsissov, AP

### July

- 14 All Hands Meeting
- 17-25 D/5 Cruise to Cape Charles VA  
from Annapolis
- 28 EXCOM Meeting

### August

- 7 Wounded Warrior Cruise
- 8-12 D5 Cruise to Solomons
- 12 - 16 D5 Rendezvous - Solomons

Summer is upon us! Hopefully all the engines will, or have started, when you turn the key or push the button and all the sails unfurled and filled with wind. As in the past, this is a combined issue for July and August and is being published by the Squadron editor, Stf/C Richard Davis, AP. Many thanks to Lt. Manette Lazear, AP, for her excellent "oT&T" publications for the past three month.

### **Wounded Warriors Cruise**

Planning is underway for our summer Wounded Warrior Cruise on 7 August. We have approval from the Commander, Patuxent Naval Air Station, to utilize the marina at the station as our base of operations. This is the same location as the cruise in October 2009. The marina is located on the Patuxent River, across from Solomons, MD. The Committee Chair for the event is P/C Keith Segerson, P, [segerson@gmu.edu](mailto:segerson@gmu.edu).



*Continued on page 3*



Northern Virginia  
Sail and Power Squadron  
District 5  
A unit of the  
United States Power Squadrons®  
Sail and Power Boating

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Lt/C George Nartsissov, AP



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LtC John G. Karjala



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Lt/C Richard E. Unis, JN

### ADMINISTRATIVE OFFICER



### TREASURER

Lt/C Steven Hall, AP



### SECRETARY

Lt/C Sue Karjala, P

### Scheduled Meetings:

Unless otherwise noted, the General Membership Meetings will be held at the BoatUS\* Headquarters facility at 1900. Any changes will be posted in this newsletter or on the Squadron web site.

### BoatUS Headquarters and meeting location:

880 South Pickett Street, Alexandria VA. From the Capital Beltway, take the VA-613/ Van Dorn Street exit, exit number 173 (aka exit 3), towards Franconia. Turn left onto South Van Dorn Street / VA-613 North. Turn left onto South Pickett Street. Go less than .5 miles and turn in at the BoatUS sign and go to the lighted parking lot in the rear. Proceed to the entrance.



*Do you or one of your friends  
need a vessel checked?  
Or want to become an examiner  
yourself?  
J. Van Senden,  
John@Southerngirl.net*



**of TARS & TERNS**  
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*Articles, opinions and advertisements do not necessarily reflect USPS policy or endorsement unless so designated*

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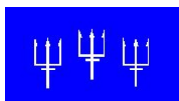
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## *Commander Sends Continued. . .*

Cdr George Nartsissov, AP

All interested Captains, please contact Keith to participate in the cruise. We also need a Shore Party crew to assist in docking and preparing for the after cruise meal. The response from the Wounded Warriors, after last year's cruise, was overwhelmingly positive! We hope that we can again give each one of them the individual attention and make it a fun outing!

### **Membership Status**

According to the report from National Headquarters, we have 170 members that have paid their dues and 55 members will become "past due" on 30 June if they will have not sent their dues in. Please check your status and send in your payment if you haven't yet.

### **District 5, Summer Rendezvous**

Check the D5 web site, [www.uspsD5.org](http://www.uspsD5.org), for information regarding the Summer Rendezvous at Solomon's Island, 12 – 15 August. Note that our Wounded Warrior Cruise is the week-end before that.

CDR George Nartsissov, AP



### **District Five LNM Available on NAVCEN Website (06/22/10)**

The [USCG District Five Local Notice to Mariners](#) (25-2010) is now available for download.

In addition, the 2010 [USCG Light List Volume Two](#) is available and is updated to Local Notice (52-2009), as is the [summary of corrections](#).

The Local Notice to Mariners, Light List, and Summary of Corrections are posted weekly and require [Adobe Acrobat Reader](#) (free download) or another PDF Viewer.

If the link does not work directly from your email editor you should either copy and paste the entire link into your web browser or follow the LNM links from the [Navigation Center home page](#).



**Executive Officer – Lt/C John G. Karjala, P**

### **National Saltwater Angler Registry**

Members of Northern Virginia Sail and Power Squadron are sailors and power boaters, but they are fishermen too. Now National Oceanic and Atmospheric Administration (NOAA) is requiring that all fishermen and fisherwomen register under the National Saltwater Angler Registry Program. NOAA has issued a Question and Answer Sheet at [www.countmyfish.noaa.gov/faq\\_registry.html](http://www.countmyfish.noaa.gov/faq_registry.html) answering many of the questions raised by this program. In any case, the Program imposes a registration burden on anglers.

The NOAA Registry collects personal information under the authority of the Magnuson-Stevens Fishery Conservation and Management Act. That is important to know because Item 20 in the Q& A Sheet asks “What is the penalty for not registering?” The Answer NOAA provided is “Penalties will vary, depending on circumstances of a specific situation. You may view the penalty schedule used by Law Enforcement personnel as guidance in assessing and seeking penalties for violation of the registration requirement at: [www.gc.noaa.gov/enforce-office3.html](http://www.gc.noaa.gov/enforce-office3.html).” If you check out that site you probably will locate the Magnuson-Stevens Fishery Conservation and Management Act penalty schedule at: [www.gc.noaa.gov/schedules/3-MSAct/MSFCMADomestic.pdf](http://www.gc.noaa.gov/schedules/3-MSAct/MSFCMADomestic.pdf).

That Table does not have a specific line listing “fishing without a registration number,” but does have a line for “Fail to comply with enforcement provisions [of the Magnuson-Stevens Fishery Conservation and Management Act]”. The first Offense is suggested to be a fine \$2,500 to \$10,000.

Registration is free this year, but will be \$15 to \$25 next year, NOAA estimates. Registration this year takes about 10 minutes and may be accomplished at [www.countmyfish.noaa.gov/register/home.jsp](http://www.countmyfish.noaa.gov/register/home.jsp).

I wish you fair winds and good fishing.





# Safety Stuff

*Lt. John C. von Senden, AP*

## Vessel Safety Checks, Continued

**Last month we talked about the required equipment for Vessel Safety Checks.** This month we'll discuss equipment and procedures that, while not required, make a whole lot of sense to have. We'll also cover the basic operational procedures discussed in a VSC examination.

### Equipment

**Most people don't think of an anchor as safety equipment.** But when you lose power on a lee-shore the ability to hold yourself in a particular place becomes very important. Anchoring and the proper scope of rode is an additional subject of another article. Having a first aid kit is important; knowing how to use it can be vital.

A physical copy of the Navigation Rules or ColRegs is required on vessels 40-feet long or longer. On any size vessel, the skipper is responsible for the boat's safe operation – that requires a good working knowledge of the Navigation Rules, whether or not a copy is physically on board.

### Planning

**Fuel management planning is more than knowing where to fill up.** The rule-of-thumb is one third of your fuel out, one third back and one-third for a reserve. This will vary with your vessel and cruising habits, but following this or a similar rule will save a lot of embarrassment. Fuel management also consists of having a plan for filling internal tanks and preventing spillage.

Weather is so important it's worth its own article; or better yet take John Shivik's Weather Course. Suffice to say you should know what the weather is before you go out and keep an eye out for changes while you are out.

Insurance is another item not normally considered safety related, but it is a necessity. You should also be aware of limits to your policy, such as any limitation of your cruising grounds.

Filing a Float Plan can be almost as simple as telling a spouse or neighbor that you're going out and will be back that evening, or it can be a detailed cruise plan with an itinerary of anchorages and marinas. If it is the former, leave a safety factor for your return. Coast Guard and DNR have received calls from panicked friends or relatives concerning boaters who are an hour overdue.

## **Operations**

**Local knowledge of your cruising grounds is important.** Charts and guides help, but nothing replaces knowing that a particular passage is safe (or unsafe) or needs to be approached in a certain way. That is why belonging to boating organizations helps – so you have access to others local knowledge.

Ham radio operators, the military and public safety agencies (and anyone who uses two-way radios professionally) know that proper radio procedure is important. It is more involved than knowing that “over and out” is oxymoronic. The heart of radio procedure is based upon the fact that it is simplex communication system (that means only one side can talk at a time). Unlike in person or on a telephone call, talking louder than the person you’re talking to doesn’t help. This is yet another topic for a separate article.

Yes, keeping your boat clean is a safety issue. Not only is a clean boat generally free of hazards, but it is easier to know when a system or piece of equipment is not performing properly.

I’m a fan of checklists. In part for the same reason pilots use them – they keep you from missing something you already know, but may forget because you are tired or stressed. The other advantage is, if something happens to the skipper, someone else has a clue about how to call for help or get back to port.

## **The other end of the Towline**

**At the May Meeting, we participated in a talk given by Captain Kip Louttit, USCG (Retired) entitled “View from the Other End of the Towline and Hoist Cable.** It was very informative and entertaining. One of the key elements of the Captain’s talk was the best option is to avoid trouble, the next best option is self-rescue and the final option is to call for help. But when you do call for help, you also need to be prepared for the help to arrive. Knowing and being able to communicate your position is the biggest element of being prepared.

## **VSC Status**

NVS&PS has completed 31 VSC Examinations as of the May meeting; this doesn’t count the number of examination performed at the Picnic. Gale Alls completed the first examination.

Remember, it’s hard to expand your horizons, without losing sight of the shore...



**Secretary – Lt/C Sue Karjala, P**

I have some updates to the 2010-2011 calendar which I would like to pass along so that you can put them on your calendar. The Holiday Dinner Dance has been scheduled for the evening of Saturday, December 4th at the American Legion in Fairfax. However, we are in need of volunteers to chair and help with preparations for this event. Please let me know if you can help.

There will not be an "All Hands Meeting" at BoatU.S. in October because of the International Pot Luck which is tentatively planned for either Saturday, October 9th or 16th. Any business that needs to be conducted will be done at that time. John and I have volunteered to chair this event and will try to get the Fairfax Yacht Club again unless anyone knows of a more convenient location which will let us use their facilities at no charge and will allow us to bring in food and spirits. If you have any suggestions, let me know.

Lt/C Sue Karjala, P  
Secretary  
(703) 818-8676

#### **CURMUDGEON'S OBSERVATION**

**"In wine there is wisdom, in beer there is freedom, in water there is bacteria." - Ben Franklin**





## Recall Alert: Kidde XL Fire Extinguisher

Kidde, in conjunction with the Consumer Product Safety Commission (CPSC), is announcing a voluntary recall to replace certain XL Fire Extinguisher units, because they may lose pressure faster than others due to an off-specification lubricant. This loss of pressure may result in the extinguisher failing to operate when activated. The affected units were manufactured in Mexico between October 2007 and April 2008. Kidde has no record of injuries due to the affected extinguishers.

All fire extinguishers have the potential to lose pressure, and the gauges on the affected units continue to function and will alert you to any pressure loss.

Because Kidde is concerned with product quality, we are working voluntarily with the CPSC to replace those affected extinguishers whose gauges are in the red.

This website will help you determine if you have an extinguisher that is affected, and enable you to register for a replacement if your unit qualifies.

**Description of Affected Item: XL Models: FX340SC, FX340H, FX340GW, XL5MR, FX210R, FX340SC-2, FX210W, XL2.5TCZ-4, E-340-3**

**Location of Manufacture: Mexico**



**A Mayday situation is one in which a vessel, aircraft, vehicle, or person is in grave and imminent danger and requires immediate assistance. Examples of "grave and imminent danger" in which a Mayday call would be appropriate include fire, explosion or sinking.**

**Pan-pan (from the French: panne - a breakdown) indicates an urgent situation of a lower order than a "grave and imminent threat requiring immediate assistance", such as a mechanical breakdown or a medical problem. The suffix medico used to be added by vessels in UK waters to indicate a medical problem (Pan-Pan medico, repeated three times).**



**More**

# Dock Talk



Jul-10		
14-Jul-10	<i>All Hands' Meeting</i>	Commander George Nartsissov P
Wednesday	Topic: Fred Hallett's Double Atlantic Crossing	703-425-7044
1900 hrs Social	BoatUS -- Training Room	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
1930 hrs Meeting	Rear of 880 South Pickett Street, Alexandria, VA 22304	Room Opening is Rotated
26 July 10 - 4-Aug-10	<i>USPS at 2010 National Scout Jamboree</i>	<a href="mailto:rdougherty@comcast.net">rdougherty@comcast.net</a>
	100th Anniversary	and
	Fort A.P. Hill, Virginia	<a href="http://www.uspsd5.org">www.uspsd5.org</a>
28-Jul-10	<i>ExComm Meeting</i>	Commander George Nartsissov P
Wednesday	GMU Offices	703-425-7044
19:00 hrs	2nd Fl. Conf. Rm., 4031 University Drive Fairfax, VA 22030	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
Aug-10		
No General "All Hands" Meeting or Ex Comm Meeting in August 2010		
7-Aug-10	<i>Wounded Warrior Cruise</i>	Keith Segerson
Saturday	Patuxent Naval Air Station Station Marina California, Maryland	<a href="mailto:segerson@gmu.edu">segerson@gmu.edu</a>
6-12 Aug 10	<i>D5 Cruise to Solomon Island, Maryland</i>	<a href="http://www.uspsd5.org">www.uspsd5.org</a>
Friday - Thursday		
12-15 Aug 10	<i>D5 Summer Rendezous</i>	<a href="http://www.uspsd5.org">www.uspsd5.org</a>
Thursday - Sunday	Holiday Inn Select Solomons 155 Holiday Drive, Solomons, Maryland 20688	
Sep-10		
8-Sep-10	<i>All Hands' Meeting</i>	Commander George Nartsissov P
Wednesday	Topic: Winter Decommissioning	703-425-7044
1900 hrs Social	BoatUS -- Training Room	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
1930 hrs Meeting	Rear of 880 South Pickett Street, Alexandria, VA 22304	Room Opening is Rotated
TBD	<i>Course: Piloting</i>	Lt/C Rich Unis JN
	Locale: TBD	703-777-8378
		<a href="mailto:runis_320@yahoo.com">runis_320@yahoo.com</a>
22-Sep-10	<i>ExComm Meeting</i>	Commander George Nartsissov P
Wednesday	GMU Offices	703-425-7044
19:00 hrs	2nd Fl. Conf. Rm., 4031 University Drive Fairfax, VA 22030	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
Oct-10		
	<i>NO BoatUS All Hands' Meeting</i>	
	Meeting to be held at the International Pot Luck	
9 or 16 Oct 2010	<i>International Pot Luck</i>	Lt/C John G. Karjala P
	TBD-- Fairfax Yacht Club 10721 Colchester Road Mason Neck, Virginia 22079	(703)818-8676
		<a href="mailto:jgkarjala@verizon.net">jgkarjala@verizon.net</a>
TBD	<i>Course:</i>	Lt/C Rich Unis JN
		703-777-8378
		<a href="mailto:runis_320@yahoo.com">runis_320@yahoo.com</a>
27-Oct-10	<i>ExComm Meeting</i>	Commander George Nartsissov P
Wednesday	GMU Offices	703-425-7044
1900 hrs	2nd Fl. Conf. Rm., 4031 University Drive Fairfax, VA 22030	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
Nov-10		
10-Nov-10	<i>All Hands' Meeting</i>	Commander George Nartsissov P
Wednesday	Topic: TBD	703-425-7044
1900 hrs Social	BoatUS -- Training Room	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
1930 hrs Meeting	Rear of 880 South Pickett Street, Alexandria, VA 22304	Room Opening is Rotated
TBD	<i>Course:</i>	Lt/C Rich Unis JN
		703-777-8378
		<a href="mailto:runis_320@yahoo.com">runis_320@yahoo.com</a>
24-Nov-10	<i>ExComm Meeting</i>	Commander George Nartsissov P
Wednesday	GMU Offices	703-425-7044
1900 hrs	2nd Fl. Conf. Rm., 4031 University Drive Fairfax, VA 22030	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>
Dec-10		
4-Dec-10	Holiday Dinner Dance	Commander George Nartsissov P
Saturday	American Legion	703-425-7044
1830 hrs	Post 177 Fairfax City, Virginia	<a href="mailto:ganh@verizon.net">ganh@verizon.net</a>



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**MONTHLY ALL-HANDS MEETING**

2<sup>nd</sup> Wednesdays at 1930 (any changes posted herein and on the web)  
at BoatUS 880 S. Pickett St., Alexandria

From I-495 take Van Dorn Exit #173 (old #3) north.  
Turn Left on S. Pickett

Or.. From I-395 take Duke St. Exit #3 east, turn right on Van Dorn.  
Turn right on S. Pickett.

Then... Go less than 1/2 mile and turn in at the boatUS sign.  
Enter from the lighted parking lot behind the building.



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